

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Merton Mencap	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Merton	
Contact person: Ms Venetia Barton	Position: Fundraising Manager
Website: http://www.mertonmencap.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1113444
When was your organisation established? 02/01/1964	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living
Please describe the purpose of your funding request in one sentence. To empower learning disabled young people to help others through volunteering activities, leading to increased independence, confidence and self esteem as they transition to adulthood.
When will the funding be required? 10/11/2017
How much funding are you requesting? Year 1: £13,690 Year 2: £15,705 Year 3: £15,605 Total: £45,000

Aims of your organisation:

We aim to provide excellent services for people with a learning disability or autism, based in Merton, which support each individual to achieve and develop, in a way that is defined by them or for them. Our aim is to improve the lives of adults, young people and children with learning disabilities and to enable them to be safer, healthier, as independent as possible, and to participate in community life. We aim to support families of people with learning disabilities. We help parent/carers to be less isolated, more resilient and to have a voice in the planning of local services which affect them and the person they care for. (From now on autism will be included in the use of 'learning disability' to save space, young learning disabled people will be referred to as young people unless they are specified as non disabled and parents/carers will be referred to as carers).

Main activities of your organisation:

We provide clubs for different age ranges; a cafe run by learning disabled adults; holiday play schemes; Gateway Active Award (similar to the Duke of Edinburgh Award) that teaches essential life skills to learning disabled people.

All clubs integrate life skills, good nutrition, keeping fit and staying safe in the community and we provide travel training to help learning disabled people become more independent. We enable participants to experience new things, meet new people, have fun, be healthy, and stay safe to help increase their confidence, independence and self esteem.

We run a carer's group and Merton's forum for families with learning disabled children under 25 and a forum for carers of adults.

We provide services to meet the needs of learning disabled people, including behaviourally challenging people and those with complex needs. We provide services to young people who suffer because they fall outside statutory eligibility criteria.

We help move people forward in life by setting personal goals and providing support to achieve those goals; in particular increasing independence and resilience.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	67	9	19

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	On-going lease, reviewed annual

Few opportunities exist that support young people young people to develop the skills to be independent to help them transition to adulthood. Tasks such as travelling alone, understanding money, visiting a shop and managing their own personal care are often too difficult unless the right support is provided. Opportunities for young people to be independent are therefore rare, and they are obliged to rely on their families.

In 2012, we conducted a strategic review by consulting local stakeholders including people with a learning disability, family carers, and local professionals from health, education and social care. Their responses identified gaps in services which promote health and wellbeing for learning disabled people and development of their independent living skills.

Our innovative project, the 'Giving Back Club,' will be run by our qualified and experienced staff. It will support 14 young people aged 16-25 to transition to adulthood by providing a weekly 4 hour programme of activities over 48 weeks to increase and enhance their life skills, with volunteering activities at its heart e.g. helping other vulnerable people. Each participant will agree a set of personal goals and the club will be structured to help them to achieve these targets.

We have consulted parents and some of the young people from our clubs about the Giving Back project. All feedback confirms the club would address an unmet need.

Giving Back will be based in Mitcham, which has pockets of high deprivation. (www.uklocalarea.com) We will use our extensive local networks (having served the community for over 50 years) to reach hard to reach families.

We will:

- teach young people new life-skills to make them more independent
- provide opportunities for them to improve their health and wellbeing
- support young people to make new friends
- help develop their personal safety in the community and online
- support young people to help other vulnerable people in the local community, increasing their self-worth and confidence
- facilitate young people to take part in community activities, increasing their sense of being an equal, valued member of society

We will achieve this by:

- making the club accessible, e.g. including specialist communication methods such as PECS, Makaton
- involving young people in the design, delivery and evaluation of the club
- supporting activities in mainstream society and enabling young people to 'give back' to their communities through taking part in local volunteering and helping other people in need
- non-disabled teenagers coming to help out at the club and taking part in activities/volunteering alongside club members
- local companies and individuals holding skills workshops to prepare them for their volunteering activities.
- challenging society's perceptions of what young people with a learning disability are capable of, demonstrating that they can achieve a great deal with the right support

Why Merton Mencap?

- In depth evaluations show our impact
- Our Board of Trustees comprises 4 carers and a learning disabled person
- Our CEO has 20 years experience supporting learning disabled people
- Our Projects Manager has a long history of working in education and has published work on activities for people with special needs
- Our affiliation to Royal Mencap requires us to adhere to certain standards of health and safety and managing risk
- In 2015, our charity was awarded the Youth Approved Volunteering Award for our work with young volunteers

This project has and will meet City Bridge Trust's principles of good practice through continuation of:

- acting on 1-1 and group feedback with everyone involved; evaluations; consultations with the community
- inclusivity and diversity
- risk assessments of every participant
- induction, training and support for our volunteers
- improving and building on our Environmental Policy to help us to reduce our carbon footprint and waste

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Our affiliation with the national charity Royal Mencap Society, requires us to meet certain standards as a condition of our affiliation. We also have the following: The London Youth Quality Mark (AQYP); Youth Improved Volunteering Award; Positive about Disability Kitemark; Food Hygiene 5* score (the highest awarded).

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We will deliver a 4 hour weekly club on a Saturday afternoon for 48 weeks each year focused on supporting 14 young people with a learning disability or autism in their transition to adulthood

14 young people will be supported to learn life skills such as how to independently manage money, plan a healthy meal, visit a shop to purchase ingredients, prepare the meal and eat together

14 young people will be supported to volunteer and help other vulnerable people in the local community at least once a month e.g. gardening, painting, baking, shopping for others - achieved through collaboration with local companies, individuals and charities.

14 young people will take part in fitness activities including team sports, swimming, walking, gym workouts; first aid training; sessions on nutrition, interactive health education as well as health screening to help prevent weight-related illness (which is more prevalent in disabled people)

14 young people will carry out activities which encourage joint working and friendships

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Each year 14 young people who have a learning disability or autism aged 16-25 will gain life skills that will help them feel more independent.

Each year 14 young people will gain life skills they are able to use for the benefit of others, increasing their sense of self worth and confidence

Each year, 14 young people will be healthier.

Each year, 14 young people will have made new friendships.

Each year, 20 local businesses/individuals will report a positive change in the way they perceive people with a learning disability.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will continue beyond 3 years and will seek funding from Trusts and Foundations, Corporates, our Major donors and from Community Fundraising. The Taylor Family Foundation who have been enthusiastic about awarding Giving Back £10,000 is keen to 'maintain longer term relationships with a core group of charities operating in the trustees' particular areas of interest' so they may continue to fund it.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

14

In which Greater London borough(s) or areas of London will your beneficiaries live?

Merton (100%)

What age group(s) will benefit?

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries inc holiday cover, ENI,AEP, DBS & training	14,866	14,866	14,866	44,598
Venue hire	4,800	4,800	4,800	14,400
Skills based volunteering (workshops and volunteering)	1,440	1,440	1,440	4,320
Materials (e.g.gardening)	1,000	800	700	2,500
Food	2,400	2,400	2,400	7,200
Transport for volunteers & to volunteering activities	1,200	1,200	1,200	3,600

TOTAL:	25,706	25,506	25,406	76,618
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Taylor Family Foundation	10,000	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Service users contribution where possible & Community Fundraising	2,016	2,016	2,016	6,048
The Discovery Foundation	5,000	0	0	5,000

TOTAL:	7,016	2,016	2,016	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Team staff salaries (inc. holiday cover, but not inc. AEP or ENI)	10,058	10,058	10,058	30,174
Transport for volunteers & to volunteering activities	1,200	1,200	1,200	3,600
Skills based activities (workshops & volunteering etc.)	1,432	1,432	1,432	4,296
Materials (e.g. gardening equipment)	1,000	800	700	2,500
Food and refreshments	0	2,215	2,215	4,430

TOTAL:	13,690	15,705	15,605	45,000
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Revised Budget – Appendix 1

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries inc holiday cover, ENI,AEP, DBS & training	14,866	14,866	14,866	44,598
Venue hire	4,800	4,800	4,800	14,400
Skills based volunteering (workshops and volunteering)	1,440	1,440	1,440	4,320
Materials (e.g.gardening)	1,000	800	700	2,500
Food	2,400	2,400	2,400	7,200
Transport for volunteers & to volunteering activities	1,200	1,200	1,200	3,600
	0	0	0	0

TOTAL:	25,706	25,506	25,406	76,618
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What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Taylor Family Foundation	10,000	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
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What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Service users contribution where possible & Community Fundraising	2,016	2,016	2,016	6,048
The Discovery Foundation	5,000	0	0	5,000
	0	0	0	0
	0	0	0	0

TOTAL:	7,016	2,016	2,016	0
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How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Team staff salaries (inc. holiday cover, but not inc. AEP or ENI)	13,900	15,210	15,400	44,510
Transport for volunteers & to volunteering activities	0	1,200	1,200	2,400
Skills based activities (workshops & volunteering etc.)	0	1,440	1,440	2,880
Venue Hire	0	4,800	4,800	9,600
Food and refreshments	0	1,250	1,160	2,410

TOTAL:	13,900	23,900	24,000	61,800
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Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2015
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Income received from:	£
Voluntary income	487,728
Activities for generating funds	11,020
Investment income	644
Income from charitable activities	42,191
Other sources	2,238
Total Income:	543,821

Expenditure:	£
Charitable activities	471,762
Governance costs	746
Cost of generating funds	4,315
Other	105,218
Total Expenditure:	582,041
Net (deficit)/surplus:	-38,220
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	380,693
Long-term liabilities	0
*Total Assets (A):	380,693

Reserves at year end	£
Restricted funds	102,419
Endowment Funds	0
Unrestricted funds	278,274
*Total Reserves (B):	380,693

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The only change to the organisation since its 2014-15 audited accounts is that the charity has employed a Fundraising Manager.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	295,435	338,382	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	12,796	15,000	15,000
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Generations Foundation	12,000	7,000	0
Children In Need	27,622	28,090	28,090
Lloyds Bank Foundation	0	13,650	13,850
Bailey Thomas	0	0	8,000
The Mercers Company	0	0	15,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Venetia Barton**

Role within **Fundraising Manager**
Organisation: